

Important updates:

- As many of you will be aware, we have sadly said goodbye to Steven Carter and Irida Gaikwad. We wish them the best in their new endeavours. Please forward any Science & Engineering or hazardous waste queries on to the [helpdesk](#).
- An upgrade of MySafety was completed on 24th May 2019. To find out more about the changes that took place, click [here](#). If you are experiencing any issues since the upgrade, please report them to the [helpdesk](#).
- Please ensure you are risk assessing events whether it be end of year parties, open days or lectures. Guidance, checklists and example risk assessments can be found [here](#).
- [The New and Expectant Mothers Risk Assessment](#) has been recently revised. This form should be completed and regularly reviewed by the pregnant worker and their line manager. Learn more about the process [here](#).

I is for inductions:



With the next academic year around the corner, it is important to begin thinking about how we are ensuring new staff and students are receiving relevant health and safety information. Use this [template checklist](#) to see what information should be covered.



Do you know how to treat a burn?

- Check out this [poster](#) on how to treat burns. This can be displayed in areas such as staff rooms, kitchens and labs.

Mental health and wellbeing:



- Interested in finding out more about stress and mental health? Look out for the Mental Health Awareness slot at the upcoming [PS conference](#) on 26th & 27th June.
- Mindfulness meditation with [Rev Ella Sharples](#) in the St Benet's Chaplaincy is now on Wednesdays. Still from 1.30pm, still free, still no need to book.
- A new resource available to QM staff and students is [Big White Wall](#). At the heart of Big White Wall is its community of members, who support, help each other and share what's troubling them in a safe and anonymous environment. Available 24/7, 365 days a year. Register with your QMUL email address for access.

H&S Myth-busting

“Accidents only need to be reported when somebody is injured.”

Myth or not? Find out [here](#)

Train your brain with our courses

“One of the best H&S courses I’ve done at QM – Excellent!”

[Fire Marshal Training – \(HS016\)](#)

“Really worthwhile! I feel much better equipped to cope with situations I face regularly as well as taking initiative in new situations”

[Mental Health First Aid – \(HS040\)](#)

Course Calendar

12 Jun	10:00	GM Risk Assessment and Notification (HS029)
13 Jun	10:00	Working Safely with Ionising Radiation (HS006)
18 Jun	10:00	Selection of Lab PPE (HS028)
20 Jun	10:00	Off-site and Fieldwork Risk Assessment (HS017)
27 Jun	13:00	Hazardous Substances Risk Assessment (COSHH)
25 Jun	09:00	IOSH Working Safely (HS031)
16 Jul	09:00	Mental Health First Aid (2 Day) (HS040)
16 Jul	10:00	Fire Marshal Training (HS016)
06 Aug	09:00	Emergency First Aid at Work (1 Day) (HS034)

Please click [here](#) for more information, including full course details, how to book on CPD and MyHR, and a matrix to help you identify mandatory training courses specific to your role.

Where courses are fully booked, please contact the helpdesk to register your interest and to be added to the waiting list.

Please note we are in the process of confirming our training calendar for academic year 2019-2020. Dates for upcoming courses will be released shortly.

Visit our [website](#) for more information or email our [helpdesk](#) with your queries. For any feedback or suggestions, please email [Megan Vagg](#), we’d love to hear from you.