

Important updates:

- The [Health and Safety Executive \(HSE\)](#) has been made aware that two UK laboratory supply companies have supplied schools and potentially other users with gauze mats which contain asbestos. Please check your areas thoroughly, and if you come across any gauze mats that you suspect may contain asbestos, please remove from use and contact [Paul Lambert](#).
- As the new academic year starts, ensure that all staff, especially new starters, have completed their mandatory DSE assessment and fire safety awareness training as required. [More.](#)



D is for DSE Assessments:

Check out our newly updated [DSE page](#) – find out how to begin a DSE assessment, as well as tips on how to get the most out of your display screen equipment and chair to benefit you.



Advice from the experts:

- Print out and display our latest document in your areas, to inform all on how to call first aiders and/or emergency medical services in a first aid incident. [More.](#)
- Cut out these useful checklists, and store inside or on the outside of your first aid kits, to help you keep track of what's in there, what you need, and when it was last checked. [More.](#)

World Mental Health Day – 10th Oct 2018



Do this - Mental health problems affect 1 in 4 people in any given year. Today is a great day to show your support for better mental health and start looking after your own wellbeing. Find out more [here](#) and click [here](#) to see what we offer at QMUL.

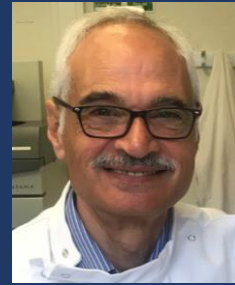
Try this – Check out [Good Thinking](#) - an NHS approved wellbeing service to find tools and resources to help yourself and others to feel better. Share it with others, you never know who it could benefit.

Sixty seconds with... George Elia

H&S Myth-busting

"All electrical equipment needs to be PAT tested every year without fail"

Myth or not? Find out [here](#)



Train your brain with our courses

15 Oct	10:00	Fire Marshal Training (HS016)
16 Oct	10:00	Working Safely with Biological Hazards (HS020)
19 Oct	10:00	Hazardous Substances Risk Assessment (COSHH) (HS005)
23 Oct	10:00	GM Risk Assessment and Notification (HS029)
24 Oct	10:00	Lab safety for Non-Research Staff (HS018)
25 Oct	10:00	Bio Hazards and GM Agents Refresher (HS030)
26 Oct	10:00	Hazardous Substances Risk Assessment Refresher (COSHH) (HS015)
06 Nov	10:00	Hazardous Substances Risk Assessment (COSHH) (HS005)
07 Nov	09:00	IOSH Working Safely (HS031)
08 Nov	09:00	First Aid at Work Re-Qualification (2-day) (HS036)
13 Nov	10:00	Fire Marshal Training (HS016)
16 Nov	10:00	GM & Biosafety for Clinical Trials Staff (HS025)

Please click [here](#) for more information, including full course details, how to book, and a matrix to help you identify mandatory training courses specific to your role.

Visit our [website](#) for more information or email our [helpdesk](#) with your queries.
For any feedback or suggestions, please email [Irida Gaikwad](#), we'd love to hear from you.