

## Important updates:

- It is important that we are notified of staff who've been involved in an accident at work which causes them to take time off work for more than 7 days (including the weekend).
  - You must **contact** your Health and Safety Advisor or report on **MySafety** immediately.
  - We require this information as we are required by law to report this to the HSE within **15 days** of the incident (under **RIDDOR**).

## G is for Guidance:

Ask and you shall receive – you asked for more information on certain topics and here are a few out of the many we've been busy creating for you:



- **[Anaphylaxis: Recognition and First Aid Treatment Guidance and Poster](#)**
- **[Obtaining Correct Office Equipment Guidance](#)**
- **[MySafety Workstation Assessment Guidance](#)**
- **[MySafety Risk Assessment Guidance](#)**
- **[MySafety Audit & Inspection Guidance](#)**
- **[Fire Safety Awareness Training Guidance](#)**
- **[MySafety Incident Reporting Guidance](#)**



## “But no one’s been hurt?! So why do we need to report near misses?”

It is critical that near misses are reported so that they can be investigated and the causes determined and eliminated. The reporting of near misses gives us an opportunity to prevent future injuries or ill health. [See more.](#)



## Wellbeing:

- January can often be a stressful month for us all – see [tips](#) on how to manage stress and develop emotional resilience.
- Check out our [FAQs](#) page on all things to do with Mental Health First Aid at QMUL.

## H&S Myth-busting

“Sharps injuries cannot be prevented – it’s just part of the job”

Myth or not? Find out [here](#)

## Train your brain with our courses

**“Excellent presenting, engaging and entertaining on what could have been a very dry subject.”**

First Aid for Laboratory Workers – (HS042)

**“More of this course will help to understand the do’s and don’ts when working in the lab”**

Laboratory Safety for Non-Research Staff – (HS018)

### Course Calendar

07 Feb	10:00	Working Safely with Biological Hazards (HS020)
11 Feb	10:00	GM & Biosafety for Clinical Trials Staff (HS025)
12 Feb	09:00	First Aid for Laboratory Workers (HS042)
12 Feb	10:00	Fire Marshal Training (HS016)
14 Feb	10:00	Bio Hazards and GM Agents REFRESHER (HS030)
25 Feb	10:00	Safe Management of Lab Hazardous Waste (HS024)
26 Feb	10:00	GM Risk Assessment and Notification (HS029)
27 Feb	10:00	Manual lifting and handling (HS004)
04 Mar	10:00	Lab Safety for Non-Research Staff (HS018)

Please click [here](#) for more information, including full course details, how to book, and a matrix to help you identify mandatory training courses specific to your role.

Visit our [website](#) for more information or email our [helpdesk](#) with your queries.

For any feedback or suggestions, please email [Irida Gaikwad](#), we’d love to hear from you.